



THE LIFESTYLE MANAGEMENT TEAM

Lifestyle Management is based around the simple concept of helping you out so you get some of your precious time back.

Katie Fitzpatrick established the Auckland business in 2010, the personal organising service being built on a genuine interest and empathy for people. Katie brings to the role a wealth of experience in the service provision and in the health and disability sectors.

The Lifestyle Management team is a friendly, family orientated group. We think of our clients as family members and it's just easy from there.

They are also former nurses, hospice volunteers or have experience in special education services. The team are all great listeners and approach every day with sincere and generous smiles.

We are here to help and want to make your next move easier.



Lifestyle Management

GIVING YOU BACK TIME



LIFESTYLE MANAGEMENT SERVICES

Giving you back time when you need it most

Downsizing & De-cluttering Assistance

- Inventory service
- Auction/charity arrangements

Moving Assistance & Support

- Pre-move packing and arrangements
- Moving day assistance and support
- Unpacking and new home set up
- External service organisation and advice

Vacated Property Remediation & Preparation

- Property maintenance management
- Rubbish clearance

Estate Arrangements

- Professional, respectful property clearance services

Caring, honest, kind & helpful service.



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CALL and discuss your requirements with Katie Fitzpatrick to arrange a visit and to provide a FREE QUOTE on 021 1328026.
katie@lifestylemanagement.co.nz
www.lifestylemanagement.co.nz



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GIVING YOU BACK TIME

*Moving can be exciting,
filled with the joys and promise
of an even better tomorrow.*

However, for older people in particular, moving home can be a stressful and emotional time.

A time of choices, decisions, memories and a time of letting go. Sometimes, it just can't be done alone.

You need to be confident that everything, all the details, are managed just as you or your loved one wish, correctly, with dignity, compassion and honesty, and right on schedule.

Lifestyle Management will do just this for you.



EASING THE LOAD OF MOVING

We move for a host of really good reasons. We want to be closer to family, we want a more manageable home, we want more company, or to be nearer to support and care. Whatever our reasons, the result will be good.

However moving can sometimes be a daunting, stress-filled exercise, straining relationships at the time they should be strongest. Time consuming, strenuous and emotionally draining, moving can sometimes be plain overwhelming.

Katie Fitzpatrick and the team at Lifestyle Management can help. Their role is to put the joy and excitement back into your move, taking care of the big as well as small details, putting you back in control.

Whether you are moving to a supported living arrangement or just downsizing, there is much to do. Katie and her team will work side by side with you and with patience and sensitivity, will help to sort items that will go to family or friends, be auctioned, donated or disposed of. We know some possessions mean a great deal and we respect that.

We plan all aspects of the move in conjunction with our clients, from packing the old house up to laying things out in the new home.



We will price and present the costs of external movers, and we only use drivers and removal teams who are experienced and careful with your possessions. We personally supervise and manage any packing required.

Ahead of moving day we will help compile an inventory of furniture and valuables where required. We will arrange gifting or sale of any items of value, financial or family, which cannot be taken to the new home. We can arrange for other items to go to chosen charities or to someone who will use or appreciate them.

The team can manage all aspects of the moving day, and then organise that the property is thoroughly and professionally cleaned and fresh and ready for you to sell, rent or live in.

We will guide you through moving day, making the difficult easy and bearable, and the complex understandable. We know it is a big and emotionally demanding day, often best accompanied by cups of tea and a kind smile.

We can also tell everyone about the move, the post (with mail redirection), and get final readings for utilities like power, gas and water. We can cancel (or transfer) your phone and internet connections, Sky Television service, and your newspaper.



ESTATE CLEARANCE ASSISTANCE

When a loved family member dies, the sadness can be compounded by the process of clearing and dealing with what has been left behind in the house. Emotions are raw, time is short, and often the task falls to the family member living closest.

Lifestyle Management can assist with every aspect of clearing an estate. From compiling an inventory of household and personal items to assisting with preparing the house or property for its next owners, Lifestyle Management makes the sometimes daunting task as simple as possible for all parties.

When you most need it, Lifestyle Management can help you spend your time with family. We can do as much or as little as you want, our guide being you and your loved one's wishes.



GIVING YOU BACK TIME